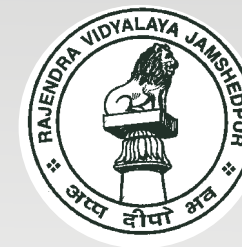


# Rajendra Vidyalaya

*Educating People To Excel*



## R.V.News



### Rajendra Vidyalaya

Subarnarekha Link Road, Sakchi  
Jamshedpur - 831001  
e-mail : [rv\\_jsr@yahoo.co.in](mailto:rv_jsr@yahoo.co.in)  
[www.rvjsr.com](http://www.rvjsr.com)

Phone : 0657-2423206, Fax : 0657-2220595

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## Principal's Message

Welcome to Rajendra Vidyalaya, one of the pioneer school of the green city, Jamshedpur. The purpose of our school is to educate the young minds of the city to take their productive place as leaders in the global community by offering our learners a comprehensive education from Lkg to class 12. We are a caring community where the needs of our students are of the utmost priority and where traditional Indian values are interwoven with the modern educational knowhow. Rajendra Vidyalaya offers educational programmes to provide a challenging academic environment emphasizing learning, as well as social and personal growth.

As the new Principal of Rajendra Vidyalaya, I am delighted that the school's values align with my own personal values, including the importance of trust, respect, innovation and a sense of community. I know that the development of the school over the past few years has been significant. The future will be build on these firm foundations focusing on the quality of school life according to their needs.

The curriculum emphasises the acquisition of knowledge, understanding, critical thinking and problem-solving abilities for all students attending our school. We believe that every learner is unique and special and that they all have the ability to learn. We believe it is our responsibility as educators to nurture and develop every learner and prepare them for life.

At Rajendra Vidyalaya, the educational community strives for excellence by preparing students for learning beyond their school years and assisting them to become lifelong learners, as well as helping them to be self-directed, realistic, and responsible decision makers so that they gain from their life at Rajendra Vidyalaya, according to the efforts they apply.

We strongly believe in the importance of teachers, parents, and administrators collaborating and communicating openly and frequently. To channelize the creative aspect of the child, the school has come up with RV NEWS. This is not just a means for a school to communicate it's thought process but it also highlights the success and achievement in its pursuits. Our children have been able to leave their indelible mark in the path they have walked till now and the school has carved a niche of its own in the educational hub.

In our school where the quality matters the most, we have tried to reflect the kaleidoscope of learning, along with holistic development of our young minds through writings and drawings. I hope this effort of our young minds will serve as a stepping stone towards the many mile stones we have to cover in pursuit of excellence.

Together we can and together we will

Mrs. Rakhi Banerjee  
Principal



## Editorial

*"Seeing the light in the sky and the fresh morning dew, the newness of this year, inspires to be someone new. Happy things are about to knock the doors. Embrace this novelty with a smile and not with fear."*

The thing about new beginnings is that they require something else to end. So as we end our thoughts on past regrets, failures and disappointments, we chisel into a realm of new possibilities, opportunities and new challenges. On behalf of the entire RV family, the Editorial Board wishes all its readers a happy and prosperous new year.

Change is the only constant thing in life. As R.V. gears up to make a fresh start, we welcome our new Principal - Mrs. Rakhi Banerjee with full vim and zest. We hope her gracious arrival and presence would keep afloat the Rvian spirit in the turbulent sea of change!

"The greatest pleasure of writing is not what it's about, but the inner music the words make." With a medley of amazing articles, poems and stories, this magazine is surely 'unputdownable'. This time also, the magazine has vented out a student's passion for writing and his axiomatic creative thinking.

2017 had been a marvelous year and there haven't been any grievous contretemps. So with a determination to move forward to another magnificent year, we bid adieu to the outgoing batch of Standard-12. With this, we wish the students eyeing for the ICSE and ISC examinations, a very good luck for their future endeavours.

Here's to a fabulous year & new beginnings – Happy Reading!

## One Nation One Reading

Jerry Pinto One nation One reading is an event, organized by Scholastic India where children in schools across the country spend 45 minutes on the designated day ,reading for fun and participating in other activities that celebrate reading as a pleasure and enriching experience. An estimated of 6000 schools around the country participate in this event. This year for the **first time** also on the **20th November**, our school participated in this event. Aastha Sagar(12 'D') and Nishtha Roy(12 'C') took the oath,"Books make our lives, richer, brighter and better." For forty-five minutes the students actively participated and cultivated as well as nurtured their reading habits. Thus they proved that "The man who reads is the man who leads."





## Rajendra Jayanti 2017

"It is not the faces that are remembered, but the deeds"

Like each year, this year too, we celebrated the 132nd Birth Anniversary of India's first President, Dr. Rajendra Prasad on 5th December, 2017. Mr Rajeev Kumar, Vice President (Operations), Tata Steel Limited, Kalinganagar, was invited as the chief guest on this auspicious occasion. He inspired the audience to work hard and work smart. The cultural programmes fascinated and mesmerised the audience. The theme of the event being the journey and achievements of our own school, Rajendra Vidyalaya. The event concluded with the message that "Knowledge is Power, Knowledge is Life", and a hope that our school continues its journey further with the same spirit and belief.



## Felicitate 2017

We are the music makers, we are the dreamers of the dreams... we are the achievers.

The stage was set... The lights danced in different shades... The fire in the hearts of the participants and their hidden talents, was ready to spread on the stage. 14th November, 2017 was the day that had been dedicated to the children who were eagerly waiting for a platform to showcase their incognito talents. Rajendra Vidyalaya for the budding talents, organized it's one of a kind, cultural intra school fest, Felicitate 2017, the **Festa Di Talenti**. The first part of the day's program was for the junior section students of class 3, 4 and 5. It had events like singing and dancing, where they displayed their talents. The next part was wholly dedicated to the tiny tots of our school.

The third part was overtaken by the students of classes 6, 7 and 8 who had exciting events like singing, dancing and Ad-mad show. The final part had seen the participation of the seniors which indeed was a roller coaster ride. While the events HAM, brought to light the skillful orators that RV breed, Ad-mad show showcased the budding artists of the school. Artico gave wings to the creative spirit of some students. The jazzy dance & soulful voices were greatly applauded. The success of the event was entirely in the hands of the moderator of the Achiever's Club, Mrs. Debjani Mazumdar and the exceptional volunteers who seemed to have entirely engrossed and channelized their support, to make this event a grand success.





## Inter school debate Championship



The regional inter-school debate championship was organized by the association of British Scholars on 28th of August, 2017 and the topic for the debate was "Technology has evaded our freedom to think". Students from 20 different schools had participated in this event in which Parul Thakur of Std. X 'A' and Nikhil Kumar of Std 11 'A' made us proud by being declared the runners up. Their code of conduct was highly appreciated.

Keep it UP!!



## ASISC Regional Swimming Championship

ASISC regional swimming championship was held at DBMS English High School on 12th February, 2017 in which Ishika Priya of class 9 'D' of our school brought laurels to our school by winning a silver medal in both 100 meter **Butterfly** and 100 meter **Back Stroke**. It was the outcome of her brilliant swimming skill.

Her list of achievements doesn't end here. On the basis of her extraordinary performance in the regional level which indeed is the outcome of her immense hard work and determination. She has been selected for ASISC National Swimming Championship which is to be held in Gujarat.

You made us proud. Keep it UP!!



## The Canvas Enchanter

Life Insurance Corporation of India, Jamshedpur Division, organised a number of events such as debate ,sit and draw competition ,quiz and many more. Various schools of the city participated in this event. Shivesh Anand of standard 10 'A' bagged the first prize in Group 'D' in the 'Sit and Draw Competition' held on 2nd September, 2017. He was awarded a trophy and a certificate of merit .

Heartiest congratulations to him for his spectacular achievement!!



## Aspirations

They sustain you, empower you, and give you purpose and direction in life towards ultimate happiness and fulfilment .As you need air to breathe, food to eat and water to drink ,your 'Aspirations' too are the most needed nutrients.

The potential is within you .What you truly and sincerely want for yourself and your life .They are not what you should have, could have, or would have but simply what you want.

OUR HIGHEST ASPIRATIONS ARE OUR GREATEST POSSIBILITIES

Anubhav Shandilya 5 'B'

## Azionare - 2017

For RVians, winning isn't something that happens suddenly on the field, when the whistle blows and crowd roars. This spirit builds both physically and mentally. Every day they train themselves and every night they dream. Loyola school organized an interschool fest, Azionare - 2017 a successful collaboration of culture, informal and quiz events. Among the schools that participated, RVians emerged out as champions in several events. Thwarting every hurdle the RVians presented an amazing game plan.

| Events                      | Position | Winners                                         |
|-----------------------------|----------|-------------------------------------------------|
| 1) Sing with the Sand       | 1st      | Harsh, Kishan, Somnath, Ankit, Aryan, Nishant   |
| 2) Super Solver             | 2nd      | Sidhartha, Archit                               |
| 3) Thomas Paul science quiz | 2nd      | Ritin, Anirban, Vikas                           |
| 4) Abacus                   | 2nd      | Salman, Avinash, Ankit                          |
| 5) Negostar                 | 3rd      | Abhik, Riya, Aprajita, Abishek, Ahswini, Rohan. |

*Kudos to them!!!!.....*



## Link-Up Carnival 2017

"Talent lies in every soul. The only need is to acknowledge it"

Sacred Heart Convent had organized an inter-school fest called as 'Link-Up Carnival' on 28th October in which our students yet again proved their mettle.

1. Nihad Prakarsh, Mohit Kumar, Suraj Raj and Amrit Singh, of class 10 won the 1st prize in 'Metamorph ', a model making event.
2. Rohan Singh of XII 'C' won the 1st prize in the event 'Scrabble'.
3. Alisha Naaz (XII 'E'), Ashwani Kumar (XII 'E'),Yatharth (XII 'B'), Shiwani (XII 'D'), Rishabh(X 'A') , Simran (XI 'D'), UtkarshJehi (XII 'E'), Shatakshi Kiran(XI 'A'), Shiwangi (XII 'E'), Mugdha Sahu (XI 'C') and Deepsha Dey (XII 'D') were declared the 1st runners up in in 'Stardust',the fashion show.





## Quizoholic

### Qriosity

J H Tarapore School, Agrico, organized the interschool quiz, 'Qriosity', in which Anirban Maity(11 C), Avinash Kumar(10 C) & Pratyush Praveen(10 B) acclaimed the second prize.

### Rotary Quiz

Anjan Bharadwaj (10 D) & Shanu Abishek(10 D), showed their quizzing skills by bagging the 2nd prize defeating 20 schools of Jamshedpur.

### Book Fair Quiz

Tagore Society organized the Book Fair quiz in organized by Tagore Academy in which Avinash Kumar (10 C) & Salman Khan (11 B) won the 2nd prize. They were gifted with book coupons worth Rs. 2000 each.

### Back to the Roots

Samarthaya in collaboration with XLRI organized Ensemble Valhalla, in which a school level quiz was organized portraying Indian History and Culture as its main theme in which Anirban Maity (11 C), Ritin Kumar(11 D) & Avinash Kumar (10 C) bagged the 2nd prize all over Jamshedpur.

### Science Quest

Vidya Bharti Chinmaya Vidyalaya, Telco had organized a Science Quest based on experiments on Physics, Chemistry and Maths in which Sidhartha Watsa (11 'C'), Kumar Tanmay (12 C), Mayank Jha (12 C) & Ashmita Panda(12 B) qualified the prelims by scoring the maximum points and finished 2nd in the finals. They were awarded with a cash prize of Rs. 1000 and certificates.

Kudos to All!



Rotary Quiz



Book Fair Quiz

## ASISC Cricket Tournament

The ASISC cricket tournament was organized by CISCE in which Ankit Raj of X-B participated and proved his dedication towards cricket by scoring 275 runs in 5 matches which indeed is remarkable. Not only was he awarded the Best batsman trophy but was also selected to play in the under-17 Indian cricket team.

*Kudos to him!!!!.....*



## Hindi Elocution

Each and every word has emotions in it. This was proved by a students when they mesmerized the audience by their spellbound eloquence and rhetoric skills. Rajendra Vidyalaya organized the 39th Hindi Elocution and Speech Contest on the 25th November, 2017. The esteemed judges of the competition were Mrs. Mudita Chandra, Mrs. Sudha Mishra and Mrs. Archana Singh. The panel of judges acknowledged and appreciated the feeling of national pride among the children. The winners received special appreciation from the judges for their commendable performance. It was a wonderful event and all the parents, teachers as well as the participants enjoyed it a lot.

## Fun Day Celebration

21st December, 2017

I'am a little graduate !  
Aren't you proud of me!  
I know my numbers and my ABC's!  
I made lots of friends !  
And had fun too...!

The day began with a short prayer and continued with various activites like singing rhymes and jingles on colours. Our tinytots looked beautiful in their coloured attires. All the children and teachers from L.K.G to class II were dressed colourfully to celebrate this occasion. The classrooms too were decorated with colourful streamers and balloons. Our principal Mrs. Rakhi Banerjee and Mrs. Renuka Rani Singh the Head Mistress of Late. K.N.S Sharma Wing were very happy to see the little children enjoying as well as learning through these activities.



## Blooming Buds

"Nothing can dim the light that shines from within."

Prachi Singh (II 'B'), a blooming bud of our school proved her mettle and bagged the third prize in a colouring competition conducted by the SIP Academy.

Kudos!!







## Exotica -2017

Our students have proved that they can not only achieve success in our school but also spread their glory in other schools. J.P.S had organized an interschool fest named 'Exotica' on 11th November, 2017 in which, more than 10 schools had participated.

In an event named 'Mime' our students-Muskan, Rashi, Bhavna, Shruti, Kaushika and Harshita of std XI 'D' bagged the first prize. In another event called 'Declamation', Om Rishikesh and Aditya Kumar Thakur of std XI D won the first prize. The school band comprising Aryan (singer), Harsh Kamal Singh, Nishant Kumar, Somnath Dutta (guitarists) and Kishan Rajput (Drummer) performed beautifully and secured the 3rd position.

We are really proud of them!

Bravo to the rising talents!



## English Elocution

Whenever opportunity knocks, RVians grab it and transform it into an achievement. English elocution is one such event which serves as a platform for students to prove their mettle, nurture their talents and to be at the centre stage. Besides providing students the glorious opportunity to strengthen their rhetorical skills, extempore helps them to develop spontaneity and originality. The 39th Annual English Elocution and Speech contest, 2017, was held at the Rajendra Vidyalaya auditorium in the month of 11th November, 2017. The panel of judges included Mrs. Sumita Mukherjee, an English teacher of Motilal Nehru Public School, Sakchi, Mrs. Mitali Roy Choudhary, the Vice-Principal and senior English teacher of R.V.S Academy, Mango and Mr. Manoj Kumar Pathak, professor of B.A. College of Engineering and Technology.

## Carried the Ball

"SUCCESS is the vocational trait of the RVians." This is proved by one of the best basketball players of Rajendra Vidyalaya in the 21st ASISC Regional Basket-Ball Tournament.

In the tournament, which was held at Noida, Rajat Vinay of X 'A' defeated the players of Ranchi zone and has been selected for the nationals.

KUDOS!!



## "Beauty is in the Green of the Trees"

Beauty is in the red of the dangerous flame

The way it burns, impossible to tame !

Beauty is the orange of the volcano's eruption ,

Running down the side in a fiery disruption.

Beauty is in the yellow of the sun,

One source of light -our daily fun!!

Beauty is in the green, green of the trees,

The way they sway in an afternoon breeze.

Beauty is in the blue of ocean,

Fish below stirring in a commotion.

Beauty is in the purple of a snowy mountain ,

Melting into water of a summer fountain

These are the colours of the rainbow that stretch  
for a mile,

Because after all a rainbow is an upside down  
smile!!

Save the Earth

-Ranveer Singh 3 'B'



## How much can you Endure?

Nothing great has ever been achieved without endurance. You are marvellous, you are powerful but... you are silent. Don't let your life be grouped into dank submission and silence because it's your life, you must not. The God will offer you chances, know them.. Trade them. Out there is a light of hope... it may not be bright enough but it beats the darkness. Endure as much as you can. Give your hundred percent. Change your thought process so often that they can never categorize you. Invent yourself and invigorate your soul. Be yourself. Beware of the common man, beware of the common woman... Beware of their love... It's the average, who seeks the average. Unable to create art, they won't understand art and do everything to stop you. They would hurt you, slap you, isolate you but what they can't do is ignore you. It does not matter how many times you fall but what matters is how many times you get up. Don't be afraid of being isolated. Isolation is a gift. Think twice before you get something but once you start.. go all the way... Give in your best.

If you can fill the unforgiving minutes

With sixty seconds of distant run

If you can trust yourself

When all men doubt you

If you can keep your head

When all men are losing theirs

And blaming it on you

If all men count with you

but none too much

If neither friends nor enemies can hurt you

If you can wait

And not be tired of waiting

Yours is the earth

And everything that's in it.

If, you can force your heart and nerves

To serve your turn long after they are gone

And there's nothing in you

Except the will that says...

Do it! Do it! Do it! Do it! Do it!

Aditya Kumar Singh ( IX 'D')







# Annual Sports Day 2017

"LIFE NEVER GETS EASY, IT'S WE WHO JUST GET STRONG. PATHS DON'T CHANGE, IT'S WE WHO DO! NOTHING IN THE UNIVERSE RISES SUDDENLY .NOT EVEN THE SUN. IF YOU SEE DARKNESS ALL AROUND, LOOK FOR THE STARS. IF YOU THINK A CANDLE WOULD NOT DO, FIND THE SUN.WORLD IS AN OYSTER, AND THE ACHIEVERS ARE THE ONE'S WHO SNATCH AWAY THE PEARLS.

The Annual Sports Meet, 2017 of Rajendra Vidyalaya was held on the 18th of December, 2017 at the Sumant Moolgaonkar Stadium, Telco where the students of the different classes showcased their athletic temperament in the arena of sports.

The Chief Guest for the occasion was Mrs. Purnima Mahato, **Dronacharya awardee**, a renowned Indian Archer and Senior coach at Tata Archery Academy of Jamshedpur. Her virtuous presence encouraged the Rvians and instilled

within them zeal and sportsman's spirit. The brisk marching of the students filled us all with the unmatched Rvian spirit. The students of the junior classes presented colourful and aesthetic drill dances. The meet was anchored by Mugdha Sahu (11'C'), Vikas Raj (11'A'), Swati Mahato(9'D') and Archit Anand (9'D').

Among the girls in the junior category, the best athlete was Ranjana Kumari whereas in the senior category, the trophy was bagged by Aayushi. Among the boys, in the junior category, best athlete was Arnab Sasmal and in the senior category, Abhinandan Jha was declared the best athlete.

The victor ludorum was the Red House scoring 181 points.







## Respect

Have you ever wondered, what would happen when the antonym of a word becomes its synonym; Parents are abandoned by their children; Seeing a girl on a deserted street the only barrier between her body and the man seems to be her clothes. What will be restored by marching with candles down the streets? The guilty might be marching beside you with even more condolence on his face than you, while from within his evil soul would be smirking was this soul evil by birth? No, he might have undervalued the importance of respect during his transition period. Justice might heal the wounds of humanity, but what about the scars? The youth must not disrespect their birth givers and should not consider girls to be an object with which they could play. It is well said that a lack of boundaries invites a lack of respect. Be Human, Respect Human Beings.

Mayank Anand ( XI 'C' )

## More Phobia- Logy

|                                                                  |                                         |
|------------------------------------------------------------------|-----------------------------------------|
| The fear of long words -<br>Hippopotomonstrosesquippedaliophobia | Fear of washing or bathing-Ablutophobia |
| The fear of teeth - odontophobia                                 | Fear of depth-Bathophobia               |
| The fear of dancing - chorophobia                                | Fear of punishment-Mastigophobia        |
| The fear of dolls - pediophobia                                  |                                         |
| The fear of fish - ichthyophobia                                 | Harsh Raj Choudhary (5 'B')             |

## Tongue Twisters

|                                                              |                           |
|--------------------------------------------------------------|---------------------------|
| Peter Piper picked a peck of pickled peppers                 | *Fuzzy Wuzzy was a bear.  |
| A peck of pickled peppers Peter Piper picked                 | Fuzzy Wuzzy had no hair   |
| If Peter Piper picked a peck of pickled peppers              | Fuzzy Wuzzy wasn't fuzzy, |
| Where's the peck of pickled peppers that Peter Piper picked? | Was he?                   |
| Ansh (5 'B')                                                 | Rohit Jaiswal (XI 'A')    |

## Talent Cannot Be Hidden For Long

This was proved correct by the emerging leaders of our school who made us proud at the event DAV Bistupur Model United Nations, held at DAV School on 2nd and 3rd November. Eighteen schools were invited with a total of eighty students participating in it.

Aishani Mishra of Std X C won the High Commendation award in the Lok Sabha Committee along with a cash prize of Rs 1000. Nikhil Kumar of std XI A went a step ahead and won the Best Delegate award in the Lok Sabha with the cash prize of Rs 1500.

Glory to the winners!!!!...



## Globalization

Investigating the past, one can easily figure out how hard it was to communicate over long distances. But times changed, we realized the necessity of communication more clearly than ever before, however, we were still not able to effectively share our ideas or develop a standard network to serve this purpose.

Mankind first developed the writing script, but it would be useless if no one could make any sense out of it. It required many centuries to make writing scripts familiar to the masses. For the first time in the history of mankind, communication was easier than ever before.

Many such advancements throughout human history continued to transform the world till we reached today. Today is the sum of all the knowledge we have gained over the centuries, ever since the dawn of creation. We are the most advanced creatures on our blue planet.

Mankind's progress in the field of communication and transmission has helped everyone, specially businessmen to reach to more people, faster. Now, passionate individuals just need an amazing idea to start a great business. The best quoted example would be of Jeff Bezos, the CEO of Amazon, and probably the richest person in the world. The internet serves us so much in the hour of need that now we think that it is vital for our survival in today's digital world.

Connectivity has transformed the great, wide world into small global village.

-Somak Somanch (IX 'A')

## Youth

Youth is the joy, the little bird that has broken out of the eggs and is eagerly waiting to spread out.

It's wings in the open sky of freedom and hope. Youth is the spring of life. It is the age of discovery and dreams. Wise, serious, sometimes rebellious, dynamic, skeptical, innovative, shallow and careless are a few traits of today's youth. If you ask a young guy about his future plans, probably his reply would be 'I don't know'. Actually today's youth likes to go with the wind. They do not cry over their past, nor are they too anxious about their future, they live cheerfully in the present. But social media has made the youth unsocial. They have no time for their family, in fact they do not have time for themselves. They make their simple lives 'Hectic and Tangled'. Today's youth lacks self-confidence which is destroying their creativity. The youth, have to realize their powers, roles, duties and responsibilities and stand up for their rights. The youth plays a very important role in today's time.

Youth is like a fire,  
It creeps forward,  
A spark at first,  
Growing into a flame,  
Then brightening into a flare.

Mayank Anand (XI 'C')





## ECSTASY

DAV Public School, Bistupur organized a cultural, artistic and intellectual fest call Ecstasy on 18th November, 2017.

The students of R.V. yet again brought honour and recognition to the school by proving their extraordinary abilities in several events. A total of 30 schools participated within and outside the city of Jamshedpur among which R.V. was declared the over all runners-up. Aprajita Kumari (VI 'B') won first prize in Poem Recitation, Nikhil Kumar (XI 'A') won first prize in Mini Militia, Vikash Raj, Anirban Maity, Harsh Kumar won first prize in Myriad Mosaic (Quiz).

Harsh, Aryan, Kishan, Somnath & Nishant won 2nd prize in the Battle of Bands.

Anusha Karmakar (XII 'E') won the title of Miss Ecstasy, 2017.

Congratulations !



## Commerce Fest



It is said commerce changes the phase and genius of a nation. Vidya Bharti Chinmaya Vidyalaya organized Commerce fest to encourage the students to think deep about economic reforms which is taking place in our country . Obviously, the students of Rajendra Vidyalaya came out with flying colours in various events like Panel Discussion, Bizz Quiz, Best Out the Waste. Proud to say Swechha Riddhi of 11'E' and Nachiketa , Ritin of 11'D' bagged first prizes in the event ,Panel Discussion and Bizz Quiz respectively.

Good Keep it up!!

## If I Could save time in a bottle

If I could save time in a bottle,  
I would go explore the world,  
Discover the unknown,  
And talk to the wild.

If I could save time in a bottle,  
I would carry everyone in a shuttle,  
To a far distant space,  
Where our love can pick up the pace.

If I could save time in a bottle,  
I would make the world a better place,  
Free from the hypocrisy and untrue sway,  
Where true worth finds its own way.

If I could save time in a bottle,  
I would do all what my heart desires,  
And fulfill all that I ever dreamt,  
From the edge to the horizon.....

And from the horizon a faded thought,  
Whether we need to store time at all,  
We can conquer the world even being lame,  
Whether we store it or not, it's still the same.

We live in a world which is real and rough,  
The clock is always ticking, we need to be tough.  
Time cannot be stored, we have to move on,  
And be quick, as the period is limited, so GO ON!!

-Abheet Pandey ( XI 'C' )

## Let's begin...

"If you were outside, looking at someone, you'd probably think, 'This guy's got a really good life.' but inside I felt like I was dying. I was depressed. I was unenthusiastic about my life because I knew I was in a career that was ill suited for me. I just couldn't see my way out of it," Rich Roll said.

He told me about the time he felt a tightness in his chest. He couldn't walk up the stairs. He had to take a break halfway up the flight.

Rich was 39 and dying.

Rich and I talked about his story before... how he transformed himself from a depressed and overweight alcoholic to a plant based, vegan eating, mega athlete / bestselling author / podcaster / writer and total peak performer.

But THIS time we dove even deeper.

"I was trying to force this round peg into a square hole for most of my life," he said.

I wanted to understand the switch that led him to himself... He told me his secret. And I believe him.

"Surrender."

He went to a rehab. He sought help for a problem he couldn't handle on his own.

That's Rich's meaning of "surrender." Getting help when you need.

It's hard to know when it's the right time to get help. I probably need help right now. It's the first time I've felt physically sick in five years. My body is tired. I'm trying to rest but sometimes, I can't pull myself away from what I love.

So I talked to Rich and then my friend Ryan Holiday and then prepared for two more interviews.

I like this interview with Rich for a lot of reasons. I'll tell you one though... It's because when he says something, it feels just confessing. He's sharing what's true for him and helping you heal in the process. (You'll know what I mean if you start listening).

-Piyush Dubey (11-A)





## Live Life a Little Dangerously

The effective execution of a plan is what counts and not mere planning on papers; It is not what we put on our plate or even what we eat that provide us with nourishment and growth, but what we digest. Such was the inspiring life of Jahangir Ratan Dadabhoy Tata. Born on July 29, 1856. R. D. Tata was a French-born- Indian aviator and a business tycoon. Also, he was the first licensed pilot of India. His famous quote could easily summarize his breathtaking achievements: "If you want excellence, you must aim at perfection. It has its drawbacks but being finicky is essential". Honoured with India's highest civilian award, the Bharat Ratna, Ratan Tata is known for his contribution in setting up industries and providing employment to the people of the steel city. His love for his motherland and its citizens is evident through his remark; "I don't want India to be an economic superpower, I want India to be a happy country". He held the belief, "To lead men, you have to lead them with affection". Other than delivering inspiring speeches and capturing hearts of people. J.R.D. TATA was also known for growth of Tata Steel. He was the one, who sought protection, for the Indian Steel Industry from the Colonial Government of the day and steadied operations of Tata Steel. It is rightly believed that what Jamshedpur is now, is the vision, dedication and hardwork of J.R.D. Tata.



J.R.D. TATA

Jayesh Kumar (XI 'C')

## You never said Goodbye....

*You never said I am leaving,  
You never said goodbye,  
You were gone; before I knew it  
And only God knows why.*

*A million times I needed you  
A million times I cried,  
If love alone could have saved you  
You never would have died.*

*In life I loved you dearly.  
In death I loved you still.  
In my heart you hold a place,*

*That no one can ever fill.  
I want our past conversations  
To be turned on.  
For now I realize,  
The only encouragement of my life is gone.*

*It broke my heart to lose you,  
But you didn't go alone.  
For a part of me went with you,  
The day God took you home.*

SWATI MAHATO – IX 'D'

## Rising Star

"Children are born stars. The only need is to guide them in the right direction."

Avishka Shree of class 1 'C' proved her rhetoric skills by taking part in the Hindi Elocution and winning the first prize in Dinkar Jayanti held in the Rajendra Vidyalaya Auditorium on the 24th of October, 2017.

Congratulations!!!



## 10 Most mind boggling cricket facts

1. ML Jaisimha and Ravi Shastri are the only Indians to bat on all five days of a test match.
2. The only cricketer to play test cricket for India and England is Saif Ali Khan's grandfather Iftikar Ali Khan Pataudi.
3. Sanath Jayasuriya has the record of taking more wickets in ODI crickets than Shane Warne.
4. The greatest batsman ever seen in test cricket is Sir Don Bradman who hit 6 sixes in his entire career.
5. Bhagwat Chandrashekhar is the only cricketer in the Indian history who has a record of taking more wickets than making runs in his career. He took 242 wickets and made only 177 runs in his test career.
6. Wilfred Rhodes of England has battled at all 11 positions in test cricket.
7. Popularly known as the wall of Indian cricket Rahul Dravid, a wall in his honor has been erected at Chinnaswamy Stadium (Bangalore) his home town. Exactly 3288 bricks were used in making it. That's the number of runs scored by him in test career.
8. The first Indian to play test cricket was K. S Ranjitsinhji, who represented England between 1896 and 1902, Ranji Trophy has been named after him.
9. The first double hundred in International Cricket was scored by a woman. Belinda Clarke former cricket player from Australia has set this record.
10. Pakistan's Sajida Shah is the youngest player to appear in International Cricket. She played against Ireland at the age of 12. She also holds the record for the best bowling figure in a one-day international, taking 7 wickets for just 4 runs against Japan.

## Scouts/ Guides in action

Competitions play a role in motivating students to perform and excel and offer a lot more reward than just the Winning prize.

On Independence Day, eight Scouts participated in the march past organized by the District Commissioner along with The Police Department, Jamshedpur.

Six Scouts and two Guides went for Dwitiya Sopa and Tiritiya Sopa testing camp which was conducted under the strict supervision of L.O.C. Brahmjeet Kaur (guides) and L.O.C. Mr. Naresh Kumar (Scouts), from 28th November, 2017 to 4th December, 2017 in which they were evaluated and all got through it successfully.

On 16th December, 2017, Bharat Scouts and Guides, District Headquarter organized Dalma Trekking in which eight scouts from our school participated along with Ms. Brahmjeet Kaur Teacher.





## SPLASHES



Aman Yadav (XI 'D')



Shreyashi Panda (IV 'D')



Khyati Sinha (VI 'C')



Rudra Ghosh (IV 'C')



Saksham Soni (VI 'A')



Alisha Katiyar (III 'A')

## SPLASHES



Aman Yadav (XI 'D')



M Sai Rohan (IV 'B')



Shubham Sourav (II 'B')



Aditya Prasad (VII 'A')



Priyasha (II 'A')



Mansi (VI 'C')



Shubhashish Sinha (VI 'A')



## Factual Mathematics

“Pure mathematics is in a way, the poetry of logical ideas”, said Albert Einstein. This is for exceptionally interested students who enjoy mathematics from every infinitesimal particle of their body.

1. Can you obtain  $\pi$  (pi) or  $e$  (God’s number) as the only roots of a polynomial involving integral coefficients?

Fact: Do you know that we can solve the problem of tower of Hanoi using the binary coding. Actually each number from 1 to  $2^{(n-1)}$  in binary form denotes each move in a special manner. ( $n$  the number of donuts in one of the towers initially)

2. A teacher writes 1 to 100 on the blackboard and rubs out any two random numbers (say  $a$  and  $b$ ) and replaces them by a new number (say  $N$ ). Can you find out the last number left on the board after 99th operation if i)  $N = a + b + 1$  and ii)  $N = a^2 + b^2$
3. Consider a roller rolling without slipping on a horizontal surface. Mark a point on its rim. What is the special name of the trajectory which that point executes?
4. 26 points are randomly chosen on a  $5 \times 5$  square. Can you prove that there would be at least 2 points on the square between which the distance would be less than or equal to  $\sqrt{2}$ ?

### SOLUTIONS:

1. No, we can’t obtain them as the roots of the polynomial with integral coefficients because they are the transcendental numbers which have the above characteristic whereas as opposed to them, algebraic numbers are those which can be obtained as roots in the above manner.
2. i) The last number =  $(100 \times 101)/2 + 99$  ii) we can’t predict the answer because it would depend on the numbers erased and replaced by a new number during each operation.
3. The trajectory is a cycloid.
4. Let the square be divided in  $1 \times 1$  25 squares. If these are treated as the boxes, our problem can be just reduced to accommodating the 26 points in all these 25 boxes. According to pigeon hole principle, there would be at least one box having 2 points. Since in each square maximum distance between any two points can be  $\sqrt{2}$ , therefore the two points in the same square as stated above will be less than or equal to  $\sqrt{2}$ .

by Sidhartha Watsa (XI C)



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Email: [rveditorialboard18@gmail.com](mailto:rveditorialboard18@gmail.com)

## Independence Day

“Breathe there the man, with soul so dead

Who never to himself hath said,

This is my own, my native land!”

Rajendra Vidyalaya, celebrated Independence Day with unprecedented patriotic fervor on August 15, 2017.

The gamut of celebration activities held in the campus consisted of fascinating cultural programme igniting the flame of patriotism. The chief guest, Dr. S.K. Singh, Vice President, B.A. hoisted the tricolor. The national anthem echoed in the entire campus.

The dynamic words of our honourable Vice President instilled the feeling of patriotism for our motherland.